

THE TRUST EXCHANGE

A Decree Page for When Old Thoughts Try to Take Root

When fear, control, and self-protection start speaking louder than truth, let the Word speak back.

1. *I have to figure this out myself.*



He will make my paths straight.

PROVERBS 3:6

2. *I have to protect myself.*



The LORD is my strength and my shield.

PSALM 28:7

3. *I need to know the outcome.*



We walk by faith, not by sight.

2 CORINTHIANS 5:7

4. *I'm carrying this alone.*



Cast all your cares on Him, because He cares about you.

1 PETER 5:7

5. *I know what's best.*



Don't be wise in your own eyes.

PROVERBS 3:7

6. *I'm afraid to let go.*



When I am afraid, I will trust in You.

PSALM 56:3

7. *I don't trust that He is good.*



The LORD is good to all, and His tender mercies are over all His works.

PSALM 145:9

8. *I'm stuck in what happened.*



You intended to harm me, but God intended it for good.

GENESIS 50:20

9. *I don't think He sees me.*



You have seen my affliction and know the anguish of my soul.

PSALM 31:7

10. *I'm worried it's too late.*



With God all things are possible.

MATTHEW 19:26

11. *I'm trying to control everything.*



Be still, and know that I am God.

PSALM 46:10

This week, the truth I need to speak back is: _____

— Same lie. New truth. —